

## 2024 -2025 Second Step Calendar

	Lesson	Grade 7	Grade 8
<b>Unit 1: Mindset &amp; Goals</b>			
History/SS - 8.28.2024		BE YOU LAUNCH	BE YOU LAUNCH
ELA/ELD - 9.4.2024	Lesson 1	Starting Middle School (1a) or Helping New Students (1b)	Welcome!
Math - 9.11.2024	Lesson 2	Creating New Pathways in Your Brain	Who Am I? My Identity
Science - 9.18.2024	Lesson 3	Learning from Mistakes and Failure	My Interests and Strengths
Electives - 9.25.2024	Lesson 4	Identifying Roadblocks	Harnessing My Strengths
History/SS - 10.2.2024	Lesson 5/6	Overcoming Roadblocks 1/ Overcoming Roadblocks 2	Pursuing My Interests/My Future Self
ELA/ELD - 10.9.2024	Lesson 7	Performance Task: Advice on Roadblocks	Performance Task: My Path Forward
<b>Recognizing Bullying &amp; Harassment Unit</b>			
Math - 10.16.2024	Lesson 1	What is Harassment?	Understanding Bullying
Science - 10.23.2024	Lesson 2/3	What is Sexual Harassment?/The Effects of Sexual Harassment	Social Factors that Contribute to Bullying/Environmental Factors that Contribute to Bullying
Electives - 10.30.2024	Lesson 4	Gender-Based Harassment	Speak Up and Start a Movement
History/SS - 11.6.2024	Lesson 5	Our Rights and Responsibilities	Be Inclusive and Ask for Change
ELA/ELD - 11.13.2024	Lesson 6	Performance Task: Preventing Harassment	Performance Task: Stand Up for Change
<b>Unit 2: Developing a Positive Sense of Self</b>			
Math - 11.20.2024	Lesson 8	What is Self-Concept?	Agency
Science - 12.4.2024	Lesson 9	Your Self-Concept	Sources of Confidence
Electives - 12.11.2024	Lesson 10/11	Influences on Self-Concept/Changes in Self-Concept	How to Build Confidence 1/How to Build Confidence 2
History/SS - 12.18.2024	Lesson 12	Your Future Self-Concept	Agency and Confidence
ELA/ELD - 1.8.2025	Lesson 13	Performance Task: Who Will You Become?	Performance Task: Your Confidence-Building Plan
<b>Unit 3: Thoughts, Emotions &amp; Decisions</b>			
Math - 1.15.2025	Lesson 14/15	Emotions Matter/Feel, Think, Do	Understanding Stress and Anxiety/Where Does Stress Come From?
Science - 1.22.2025	Lesson 16	Unhelpful Thoughts	Can Stress Help You Grow?
Electives - 1.29.2025	Lesson 17	Reframe the Situation	Strategies for Managing Stress
History/SS - 2.5.2025	Lesson 18	Practicing Positive Self-Talk	Changing Strategies and Getting Help
ELA/ELD - 2.12.2025	Lesson 19	Performance Task: Making Better Decisions	Performance Task: My Stress-Management Plan
<b>Unit 4: Managing Relations &amp; Social Conflict</b>			
Math - 2.19.2025	Lesson 20	What Makes a Conflict Escalate?	My Values
Science - 2.26.2025	Lesson 21	Keeping Your Cool in a Conflict	Values and Relationships
Electives - 3.5.2025	Lesson 22	Conflicts and Perspectives	Recognizing Others' Perspectives
History/SS - 3.12.2025	Lesson 23/24	Resolving Conflict Part 1/Resolving Conflict Part 2	Finding the Best Solution/Making Things Right
ELA/ELD - 3.19.2025	Lesson 25/26	Taking Responsibility for Your Actions/Performance Task: Tips for Resolving Conflicts	Unhealthy Relationships/Performance Task: Guide to Healthy Relationships
Math - 4.2.2025	Lesson 27 (8th Grade Only)	—	High School Challenges